



Genoa Comets Spring Fest

Genoa High School

Friday, April 21, 2023

2950 N. Genoa-Clay Center Rd., Genoa, Ohio 43430
Phone: 419-855-7741

Meet scorer: Richard Morgan, phone: 419-601-1976
email: rmorgan55@gmail.com

Teams: There are 12 teams: Archbold, Clay, Columbus Grove, Genoa, Liberty Center, Maumee, Otsego, Port Clinton, Scott, Waite, St. Francis, St. Ursula.

Scratches: **Please check the program. Make sure all your names, times, and distances are shown correctly.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. We will, however, accept changes throughout the meet **if injury requires it.**

Meeting: There will be a short coaches' meeting at 4:15 in the garage by the pole vault pit.

Sprints: There are no prelims. All events 400m and below were seeded into multiple final heats, from slowest to fastest. However, anyone can score from any heat.

Field Events: In the SP, DT, and LJ, each contestant will get 3 attempts. The top 9 will be called back for finals.

Relays: The 4 X 100 M Relay, the 4 X 200 M Relay, and the 4 X 400 M Relay were seeded into slow and fast heats, based on submitted times. However, any team can score from either heat. The 4 X 800 M Relay will be run in one heat. As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.

Zones: We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.

400 m relay zone 1: Archbold, Clay

400 m relay zone 2: Columbus Grove, Genoa, Liberty Center

400 m relay zone 3: Maumee, Otsego, Port Clinton

800 m relay zone: Scott, Waite, St. Francis/St. Ursula

Heights: We will use these starting heights: Girls HJ 4'2", Boys HJ 5'2", Girls PV 6'6", Boys PV 9'. These may be changed by coaches' agreement at the coaches' meeting.

Scoring: We will score 8 places, 10-8-6-5-4-3-2-1 for most events. For the triple jump and hammer throw, the scoring will 1 point for the winner only.

Extra Events: We will contest both the triple jump and the hammer throw for both boys and girls. You can enter up to two entrants, but only ONE can score. The winner will receive one point.

Facilities: We have an 8-lane all-weather track, with all-weather surfaces on the jumping surfaces as well. Please use 1/8 or 1/4 inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.

Awards: There will be team trophies and individual medals for champion for each gender, as well as combined team champion. Individually, medals will be given for 1st through 3rd places, with ribbons for 4th through 8th place.

Meeting: There will be a short coaches' meeting at 4:15 in the garage. There will also be a hospitality room with snacks and drinks for all the coaches in the garage.

Info: For questions or information, please contact:
Matt Routson, 419-704-0497, mlroutson@genoaschools.com, Genoa AD
Richard Morgan, rmorgan55@gmail.com, 419-601-1976, meet manager

Schedule

Coaches' meeting

4:15 PM The meeting will be held in the garage by the pole vault. There will also be a hospitality room with snacks and drinks for all the coaches in the garage as well.

Field events

4:30 PM Girls Pole Vault
Boys High Jump
Girls Long Jump (3 attempts open pit, top 9 go to finals)
Girls Shot put (3 attempts, top 9 go to finals)
Boys Discus (3 attempts, top 9 go to finals)
Boys Triple Jump (4 attempts, no finals)
Girls Hammer Throw (4 attempts, no finals)

Remaining field events will be run upon completion of the others.

Use your own implements. We will weigh them in the garage near the pole vault area.

Running events

5:45 PM Girls 4 X 800 M Relay
Boys 4 X 800 M Relay
Girls 100 M Hurdles
Boys 110 M Hurdles
Girls 100 M Dash
Boys 100 M Dash
Girls 4 X 200 M Relay
Boys 4 X 200 M Relay
Girls 1600 M Run
Boys 1600 M Run
Girls 4 X 100 M Relay
Boys 4 X 100 M Relay
Girls 400 M Dash
Boys 400 M Dash
Girls 300 M Hurdles
Boys 300 M Hurdles
Girls 800 M Run
Boys 800 M Run
Girls 200 M Dash
Boys 200 M Dash
Girls 3200 M Run
Boys 3200 M Run
Girls 4 X 400 M Relay
Boys 4 X 400 M Relay